

Guidance for Players



General:

- Players who have COVID-19 symptoms, or are part of a household where someone has symptoms, should stay at home and follow NHS Wales guidance.
- No one who is self-isolating should attend the Club.
- Players who are shielding should not attend the Club.
- Players who are in a high-risk group should not attend the Club.
- Players should follow Welsh Government guidelines when travelling to the Club. For the post lockdown - RED phase (outdoor sports courts to open) they recommend playing locally avoiding public transport, therefore you are encouraged to walk or cycle to the venue. You may also travel within 5 miles of your home.
- Players must follow the advice for COVID-19 hygiene at all times.
- Additional information can be found on the Welsh Government Frequently Asked Questions webpage.

Play:

- Players should check if the Club is open and available for play.
- Players should only use the playing area and no other Club facilities.
- Players must <u>NOT</u> use any shared facilities, such as scoreboards, benches or seating, waste bins or ashtrays.
- Singles Play, Shooting Practice & Personal Coaching are allowed.
- Players are only allowed to practice or participate in informal games.
- Singles Play can only be played against one person from another household each day.
- Players must book lanes for games and practice in advance with their Club.
- Players must only use the lanes identified by their Club.
- Players must only use their boules and jack.
- Players must only use their equipment, e.g. tape measures.
- Players must not share any of their equipment, e.g. measures, with others.
- If an invalid jack is thrown, then the placed jack should be the one belonging to the opposing player or team.
- Players must <u>NOT</u> moisten their hands with saliva, e.g. blowing or licking, before taking a shot.

Player Welfare:

- Players should ensure social distancing (2 meters) requirements are adhered to at all times.
- Players should **NOT** shake hands or greet other players in a way that would require physical contact or be within 2 metres of each other.
- Players must bring their own hand sanitiser and use this throughout the match.
- Players' personal belongings should be kept separate from others.
- Players should **NOT** consume any food or drink in the playing area.
- Players may wear face masks if they wish to.
- Players should leave the playing area immediately after the conclusion of play.
- Players should ensure they wash their hands and ensure all equipment is cleaned and disinfected after returning home.

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