

Beginners Level

The Bronze Award

Participants will need to complete all the listed activities in order to pass. A pass will be awarded to any individual that can prove to the examiner that they can complete the tasks set out competently in a consistent manner.

Practical Activities

- 1. Demonstrate how to hold a boule correctly and how to find the correct sized boule out of a selection of different sized boules.
- 2. Demonstrate how to throw a boule with the correct grip.
- 3. Demonstrate how to throw a boule along a straight line without the throwing arm crossing the body during the follow-through, with the boule travelling at least 6m.
- 4. Demonstrate how to throw a boule with good release.

Knowledge of Petanque

Candidates should be able to explain to the examiner the following:

- 1. Why is safety important when playing boule?
- 2. What is the minimum and maximum size of the circle?
- 3. Up to how many points is a game of Petanque played?